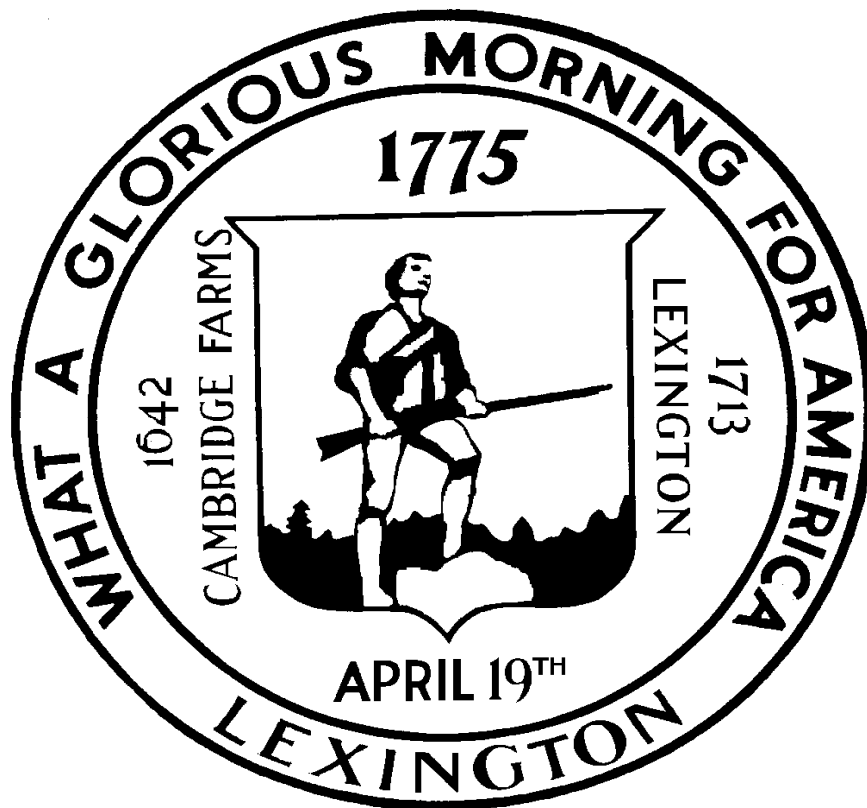


Town of Lexington Recreation Department



Spring & Summer 2013

Youth, Teen & Adult Programs & Activities

1625 Massachusetts Avenue

Lexington, MA 02420

781 862-0500 ext. 262

www.lexingtonma.gov/recreationdepartment.cfm

GENERAL INFORMATION

Contents	Page	Recreation Staff	Mission Statement
General Information	2—3	Karen Simmons, CTRS, CPRP ~ Director of Recreation	The Lexington Recreation Department strives to provide affordable, quality programs meeting the needs of the community. We are committed to providing quality recreational services which are educational, fun and rewarding. The Recreation Department promotes participation by all Lexington citizens in diverse, interesting and high-quality recreational and leisure opportunities in safe, accessible and well-maintained Park and Recreation facilities.
April Vacation Programs	4	Sheila Butts, CPSI, CYSA ~ Assistant Director	
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		Rick DeAngelis, Chairman	
		Howard Vogel, Vice Chairman	
		Sandra Shaw	
		Wendy Rudner	
		Lisah Rhodes	

ENTERPRISE FUND

The Recreation Department has operated as an Enterprise Fund since 1991. Recreation programs are self-supported by setting fees to cover all expenses. The Director of Recreation, through the Recreation Committee, sets fees with the approval of the Board of Selectmen. The Recreation operating budget supports staff who manage and deliver recreation programs along with the materials and supplies needed to operate these programs. Surplus revenue generated through the Recreation Enterprise Fund (Recreation and Pine Meadows Golf Club) helps fund Capital Improvement Projects and financially supports some services provided to Recreation by other Town departments, and payment of \$100,000 per year towards the Lincoln Park debt.

REGISTRATION INFORMATION

Online registration is the **preferred method and strongly recommended** for all programs except swim tag sales. Go to: www.lexingtonma.gov/recreationdepartment.cfm. We also accept walk-in registration and mail-in registration as long as space is available. Feel free to familiarize yourself with the website prior to registration. Registration is first come, first served and 100% of all program spaces will be available online as of March 4, 2013 at 12:00 a.m. Resident walk-in registration also begins on March 4, 2013 at 8:30 a.m. Non-resident walk-in and mail-in registration for non-aquatics programs begins March 11, 2013. There is a \$5.00 (youth) or \$10.00 (adult) additional fee for non-resident program registrations. We accept cash, check, MasterCard, VISA, AMEX or Discover for mail-in or walk-in registration; credit cards only for online registration. Non-resident swim tag sales will take place Monday, March 4 to Friday, March 8, 9:00 a.m.—3:30 p.m. at the Recreation Office on the second floor of the Town Office Building.

Recorded Information & Cancellations

Programs may be cancelled due to inclement weather, field or facility conditions, or other conflicts. To check on the status of your program call our recorded information line at:

781-862-0500 ext 706

Programs for Everyone

Please let us know about barriers that prevent participation. We are proud of our work with members of the community in creating exciting and successful programs. Please help us as we try to expand our ability to provide meaningful and accessible opportunities for all. Your suggestions are welcomed! We encourage individuals in need of special assistance in order to participate, to share this information when registering.

REFUND POLICY

The Lexington Recreation Department reserves the right to cancel, postpone, or combine programs. Every effort will be made to notify participants if a program has been cancelled, changed, postponed or relocated due to space availability. Programs are subject to change in personnel. The Recreation Department does not confirm program registrations.

- All refunds will be issued in the form of a check from the Town Treasurer's Office. **Refunds to credit cards are not permitted.** Please allow 3—4 weeks for processing of refunds.
- If insufficient enrollment causes an activity to be cancelled, participants will receive a full refund.
- Refunds, less the minimum \$10.00 non-refundable deposit*, may be given to a participant who withdraws from a program **two weeks** or more prior to the start of the program. To be eligible for a refund, the request must be in the form of a letter or email to the Recreation Department stating the reason for withdrawing and the participant's name and address.
- Refunds may be given for medical reasons which arise less than two weeks prior to the start of a program. To be eligible for such a refund, the request must be in the form of a letter to the Recreation Department accompanied by a physician's letter. The minimum \$10.00 non-refundable deposit* will be deducted from the refund. In the event that a medical issue arises after the start of a program, the refund may be prorated.
- In the event of weather cancellations the Recreation Department will offer make-up sessions. Refunds or credits will not be given if make-up classes are scheduled and held, but a participant is unable to attend.
- Participants who withdraw from a program five business days prior to the start of a program may receive a **credit**, less the minimum \$10.00 non-refundable deposit*, towards another Recreation program provided that a wait list participant fills the spot and/or the minimum level of participants has been reached.
- Participants who withdraw from a program less than five business days prior to the start of the program are **not eligible for a refund or credit** as program expenses (staffing and supplies, etc.) will have been incurred. Refunds and/or credits will not be given for early termination of a program by the participant.
- **Program Transfers**—If space allows, participants will be permitted to switch/transfer to another class or program. A \$10.00 processing fee will be assessed and must be paid by check or cash, when requesting the transfer. Should the program the participant is transferring into have a higher fee, he/she will be expected to remit the transfer fee and the difference at the time of requesting the transfer.

* **Please note:** Some programs have a different minimum deposit or refund/credit policy which are noted in the program brochure.

Helpful Telephone Numbers, Email & Web Sites

Recreation Department	recdept@lexingtonma.gov	(781) 862-0500 ext. 262
Recreation Program Online Registration	www.lexingtonma.gov/recreationdepartment.cfm	
Recreation Program Recorded Information & Cancellations		(781) 862-0500 ext. 706
Battle Green Tennis League	www.battlegreentennis.com	
Coed Softball	pcoleman@lexingtonma.gov	
Coed Adult Soccer	franco.diaz@att.net	
Lexington Blue Sox	www.lexingtonbluesox.com	
Lexington Chamber of Commerce	www.lexingtonchamber.org	(781) 862-2480
Lexington Community Education	www.lexingtoncommunityed.org	(781) 862-8043
Lexington Little League	www.lexingtonlittleleague.org	
LexFUN (formerly Lexington Preschool PTA)	www.lexfun.org	
Lexington Human Services & Senior Center	www.lexingtonma.gov	(781) 861-0194
Lexington Youth Basketball	www.lexhoops.com	
Lexington United Soccer Club	www.lexingtonunited.org	
Men's Senior Softball	lexsoftball@gmail.com	
Men's Summer Basketball	pcoleman@lexingtonma.gov	
Moms on the Mound	sbutts@lexingtonma.gov	
Pop Warner Football	www.lbhpopwarner.com	
Youth Hockey	www.lbyh.net	
Youth Lacrosse	www.lexingtonlax.org	

238th PATRIOTS' DAY WEEKEND CELEBRATION ~ APRIL 13-15, 2013

Saturday, April 13th

10:00 a.m.	Parker's Revenge—Battle Green to Minuteman National Park
10:00 a.m. - 4:00 p.m.	Liberty Ride Tours, Buckman Tavern Tours, Hancock Clarke House Tours
Noon—4:00 p.m.	Munroe Tavern Tours
1:30—2:00 p.m.	Parkers Revenge Ceremonial Salute & Reenactment—Marrett Road & Old Massachusetts Avenue
4:00 p.m.	Tower Park Battle—Tower Park, Massachusetts Avenue ~ www.battleroad.org
8:00 p.m.	Lexington Symphony Patriot's Day Concert—Cary Hall ~ www.lexingtonsymphony.org

Sunday, April 14th

10:00 a.m.—4:00 p.m.	Liberty Ride Tours
10:00 a.m.—2:00 p.m.	Buckman Tavern, Hancock Clarke House & Munroe Tavern Tours
Noon—3:00 p.m.	Patriots day Lunch—First Parish Church
12:30 p.m.	Float Judging—Massachusetts Avenue, East Lexington
2:00 p.m.	Patriots' Day—Lexington 300th Anniversary Afternoon Parade (Mass. Ave & Maple St. to Town Pool Parking Lot)
8:00 p.m.	Celebration of Colonial Music & Dance—Lexington Depot
11:30 p.m.	Paul Revere Ride Re-enactment—Hancock-Clarke House

Monday, April 15th

5:30 a.m.	"The Alarm" at the Old Belfry, Belfry Hill
5:30 a.m.	Reenactment of the Battle of Lexington on the Battle Green (Dress Rehearsal— April 7th @ 2PM)
6:00—10:00 a.m.	Pancake Breakfasts (Boys Scout Troop 160 @ St. Brigid Church, First Baptist Church of Lexington, Church of Our Redeemer)
7:30 a.m.	Lexington Sunrise Youth Parade (Munroe Cemetery to Battle Green)
8:15 a.m.	Ceremonies on the Battle Green
8, 9, 10 & 11a.m.	"First Shot! The Day the Revolution Began" - Movie Screening and Q.& A. at the Lexington Depot
10:00 a.m.	Lexington Lions Club 99th Annual Five Mile Road Race ~ http://www.lexingtonlions.org
10:15 a.m.	Lexington Minute Men Company/DAR Memorial Decoration on the Battle Green
11:00 a.m.	U.S.S. Lexington Memorial Ceremonies at the Visitors Center
11:15 a.m.	Concert of Patriotic Music—Hancock Church
12:15 p.m.	Colonial Music—Visitors Center
1:00 p.m.	Paul Revere arrives at the Battle Green on Horseback
2:00 p.m.	Old Guard Performance—Lexington Battle Green

Town of Lexington—Town Celebrations Committee—Recorded information: 781 862-0500 ext. 704

APRIL VACATION PROGRAMS

BRICKS 4 GIRLZ WORKSHOP

\$72

Ages: 5—14
Date: Tuesday, April 16
Time: 9:00 a.m.—12:00 p.m.
Location: Cary Hall ~ Robbins Room

now

Grab your friends and come hang out with **Bricks 4 Kidz** staff for a girls-only workshop of crafting and creating with LEGO bricks. Introduce your friends to our "Friend" as we get to know LEGO brand's newest line of girl-themed models. And don't worry...there are "NO BOYS ALLOWED!" because this workshop is all about girls! **The registration fee includes a \$25.00 non-refundable deposit.**

MINUTE TO WIN IT

\$72

Ages: 6—14
Dates: Wednesday, April 17 or Thursday, April 18
Time: 9:00 a.m.—12:00 p.m.
Location: Cary Hall ~ Robbins Room

now

Based on the popular NBC game show, this workshop is packed with fast-paced, fast-action building and good old-fashioned friendly competition. 60-seconds on the clock. Think you can do it? You've got a minute to complete the crazy challenges using **Bricks 4 Kidz** LEGO models and everyday household items. **The registration fee includes a \$25.00 non-refundable deposit.**

VACATION CHESS CLINIC

\$125

Ages: 6—13
Dates: Tuesday—Friday, April 16—19
Time: 10:00 a.m.—12:00 p.m.
Location: Cary Hall ~ Estabrook Hall

Join U.S. Chess Federation expert **Jim Della Selva** for a Spring Vacation Chess Clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in matches and games. Participants should bring a chess board and be ready for a fun, challenging week. **The registration fee includes a \$25.00 non-refundable deposit.** Registration deadline is April 10.

R.A.D. KIDS

\$60

Ages: 7—12
Dates: Tuesday—Friday, April 16—19
Time: 12:30—3:00 p.m.
Location: Cary Hall ~ Estabrook Hall

R.A.D. KIDS is a basic awareness and self-defense program for children. The program combines risk reduction education and physical defense training in hopes of preventing the abduction of children. It provides a consistent, structured, proactive curriculum utilizing fun, interactive exercises creating a dynamic learning environment. General safety topics include, but are not limited to: School Safety, Home Safety, Out-And-About Safety, Vehicle Safety, Personal Safety, and Physical Defense. R.A.D. KIDS is the most comprehensive program of its kind. The program will be instructed by **Lexington Police Officer Charles Crayton**.

APRIL VACATION JUNIOR GOLF CLINIC

\$125

Ages/Times: 7—10 9:00 a.m.—10:00 a.m.
 11+ 10:00 a.m.—11:00 a.m.
Dates: April 16—19
Location: Stone Meadow Golf, Waltham St., Lexington

The Town of Lexington Recreation Department and Pine Meadows Golf Club are pleased to provide Junior Golf Clinics for 2013 at Stone Meadow Golf. This is a beginner clinic for kids to learn the fundamentals of the golf swing and gain insight into the wonderful game of golf. There are two teaching professionals per class. 14 students maximum per class. If less than 7 register, the class may be cancelled. Classes are held rain or shine under a teaching tent. Registration forms are available at the Recreation Office, Pine Meadows Golf Club (781-862-5516) and Stone Meadows Golf (781-863-0445). The registration form and full payment to *Stone Meadow Golf* must be submitted to Stone Meadow Golf, 675 Waltham Street.

Lexington Bike/Walk/Bus Week

Promoting healthy, sustainable, and safe transportation options



Sunday, May 5th – Saturday, May 11th

www.LexBikeWalkBusWeek.org



Stay tuned for a calendar of events including guided bike rides, walking tours, educational programs for kids and more!

BIKE RIDES HOSTED BY THE FRIENDS OF LEXINGTON'S

BIKEWAYS AND RIDE STUDIO CAFE

SUNDAY, MAY 5

Family Rides around Lexington

Time: 10 a.m. and 2 p.m.

TUESDAY, MAY 7

Weekday Ride to Great Brook Farm State Park, Carlisle

Time: 10 a.m. (20+ miles round trip)

Level: Moderate Pace (12—15 mph)

FRIDAY, MAY 10

Friday Night Bike (Lexington, Concord, Lincoln)

Time: 6—8 p.m.

Level: 15—18 mph

All rides start and finish at Ride Studio Cafe

Helmets are required for all rides.

SEE LEXINGTON AS YOU HAVEN'T BEFORE ~ ON FOOT!

SPONSORED BY THE ACROSS LEXINGTON COMMITTEE

SUNDAY, MARCH 17 AND SUNDAY, MAY 5, 10 a.m. [WALK](#)

Come join us for a 2 hour, 5.8 mile walk and explore parts of Lexington you may never have seen before. This loop is the pilot route of the new **ACROSS Lexington** trail system. The walk will connect the bikeway, Parker Meadow, Chiesa Farm, Willard's Woods, and Lower Vine brook in a very historic and beautiful loop.

Meet at the rear of the Depot in Lexington Center

WEDNESDAY, MAY 8 at 10:00 a.m. [WALK](#)

Come for a leisurely, 2.5 mile walk through Lexington

Meet at the Senior Center

SATURDAY, MAY 11 at 10:00 a.m. [WALK](#)

Come join us for a 4.5 mile walk and explore a future ACROSS Lexington route. This loop will connect the town center with Lincoln Park, Dunback Meadow, Cotton Farm, Upper Vine brook and quiet residential streets in a delightful loop.

Meet at the rear of the Depot in Lexington Center.

SPRING PRESCHOOL, YOUTH AND TEEN PROGRAMS

VIKING SOCCER CLINIC

\$80

Ages: 4 & 5
Dates: 6 Fridays, April 26 — May 31
Times: 3:45—4:30 p.m. OR 4:45—5:30 p.m.
Location: Muzzey Field (next to Muzzey Condominiums, Mass Ave)

The Lexington Recreation Department is teaming up again with **Viking Sports Programs** to introduce the game of soccer in a fun learning environment. Children should bring their own soccer ball and water bottle and wear shin guards, sneakers or soccer cleats. **Parent or guardian MUST attend the program.**

YOUTH CHESS CLASSES

\$125

Students will join **Jim Della Selva** to explore chess theory and strategies from basic through more advanced levels. The eight-week course will consist of instruction, play, theory and group work on chess problems and games. Class size is limited to 12. All classes will be held in the **Town Office Building Parker Room.**

Beginner

Ages: 5—11
Dates: Wednesdays, March 27—May 22 (no 4/17)
Time: 4:35—5:35 p.m.

Intermediate and Advanced

Ages: 6—13
Dates: Tuesdays, March 26—May 21 (no 4/16)
Time: 4:35—5:35 p.m.

BABYSITTERS TRAINING

\$100

Ages: 11+
Dates: Thursday, May 15, 23, 30
Time: 6:30—9:00 p.m.
Location: Town Office Building Parker Room

The newly revamped babysitter training program prepares boys and girls to become babysitters. Students learn by participating in group discussions and activity periods.

LIGHTNING YOUTH TRACK

\$65

Ages: 7—12
Dates: 6 Wednesdays, April 24—May 29
Time: 6:00—7:00 p.m.
Location: Center Recreation Complex Track



This six-week program, is designed to introduce children to the world of track and field. Participants will learn proper stretching and warm-up techniques, and build the skills necessary to participate in our annual end of the season track meet.

FUN-DAMENTALS OF FENCING

\$90

Ages: 7—14
Dates: 6 Tuesdays, April 23—May 28
Time: 6:30—7:30 p.m.
Location: Cary Hall Building—Estabrook Hall



Fence without buying expensive equipment with **Mythquest Edutainment**. Use safe practice equipment to learn footwork, attack and defense techniques. Whether you are new or experienced, you will learn new techniques and get to try out your new skills in duels and sword games each week. This class contains more advanced ducking techniques such as passata sotto and related lessons in rapier.

BUDA ULTIMATE FRISBEE CLINIC

\$40

Ages: 8—14 (grades 3—8)
Dates: Tuesdays and Thursdays, April 23—May 23
Time: 3:45 — 5:15 p.m.
Location: Fiske Elementary School Field

BUDA and Lexington Recreation are once again teaming up to provide a great introduction to Ultimate Frisbee. This fun, fast-paced sport is very popular at colleges and high schools (including LHS), as well as in adult recreation leagues. It's quickly becoming popular at the middle school level also. The program is designed to teach kids all the skills they need in order to play and have fun. Participants should wear cleats and bring a water bottle.

INTRODUCTION TO KAYAK

\$120

Ages: 10—15
Dates: Monday, April 29, May 6 and May 13
Time: 3:30—5:30 p.m.
Location: Old Reservoir

Introduction to Kayak provides youth the chance to learn exciting new skills. This youth specific class teaches the same skills and safety considerations as our adult program but in a kid friendly format. Kayak games and activities will be used to give kids the needed practice while keeping them active and engaged.

BRICKS 4 KIDZ/MOMMY AND ME

\$92

Ages: 3—5 with parent/caregiver
Dates: 6 Tuesdays, April 2—May 14 (no 4/16)
Time: 11:00—11:45 a.m.
Location: Cary Hall ~ Robbins Room

new

Watch your preschooler's eyes light up as they dig into a pile of brightly colored DUPLO bricks! Each week your child will build a model based on a letter of the alphabet and learn important preschool skills like counting, patterning and letter recognition. A picture of the item they built that day will be sent home so you can see and discuss the project with them.

Pre-Ball

Free

Ages: 4 & 5
Dates: Saturdays beginning May 4
Time: 9:00—9:45 a.m.
Location: To Be Announced

Staffed by Lexington Little League volunteers, and run by Warren Wilson, this program, now in its **28th year**, will teach children the basics of baseball. Children must be accompanied by a parent and/or guardian.

The program is **FREE**, but pre-registration is required.

For more information go to: www.lexingtonlittleleague.org. Click the **BASEBALL** link and then the **PRE-BALL CLINIC** link.

To REGISTER look for the following link:

<https://secure.adminsports.net/lexingtonlittleleague>

The program is open to the first 100 children who register.

SPRING PRESCHOOL, YOUTH AND TEEN PROGRAMS

LHS AND MIDDLE SCHOOL EARLY RELEASE DAY PROGRAM

Amazing Revolutionary Race

Thursday, May 9th \$34

Time: Check in at 12:15 pm - Dismissal/ Pick-up at 4:00 pm

Place: Check-in and pick-up at Cary Hall; Activities at locations throughout the Lexington Center Area

Race around Lexington in teams of 3-6 people at the Amazing Revolutionary Race. Compete to win prizes which will be awarded at the end of the day. Clues at sites throughout the Lexington Center area. Volunteer chaperones will be stationed at key locations. Transportation to Cary Hall from Clarke and Diamond will be available on Lexpress or Liberty Ride busses. LHS students will walk to Cary Hall to begin race. Dismissal/pick-up from Cary Hall. Event is part of Bike, Walk 'n Bus Week during Revolutionary Revelry. Additional information and registration form will be available on Recreation webpage. Sign-up as a team or individual. Individuals will be randomly assigned to teams. **Deadline for registration: April 19th.**

BRICKS 4 KIDZ LAB

\$125

Ages: 5—12

Dates: 6 Thursdays, April 25—May 30

Time: 3:00—4:00 p.m.

Location: Cary Hall ~ Robbins Room

The **Bricks 4 Kidz** Lab is a hands-on class where children explore science, technology, engineering and math concepts using LEGO bricks. For one hour each week, children will build a model based on exciting themes like Space Exploration, Laws of Motion, Sports and Animals. Each class is structured and designed to stimulate the mind and help reinforce problem solving and collaboration. Oh and by the way, they will have fun too!

BLASTER TACTICS WITH NERF CLASS

\$200

Ages: 11—16

Dates/Time: 10 Tuesdays, March 19—May 21 6:00—7:00 p.m.

Location: Guard Up! Inc, 103 Terrace Hall Avenue, Burlington

Blaster tactics takes games to a new, high intensity level. In this tactics class, students will learn to manipulate a Nerf blaster for improved performance during games. Speed and accuracy will be drilled so that students can play at a more proficient level. Teamwork will also be paramount in order for kids to learn advanced tactics. This class will help increase your ability to think on your feet, react to changing circumstances, and communicate effectively as a team. Equipment lease \$20.00 per session.

ARCHERY

\$130

Ages: 9—14

Dates: 6 Thursdays, April 25—May 30

Time: 3:30—5:00 p.m.

Location: Muzzey Field (Massachusetts Avenue)

During this six-week program participants will learn to shoot a bow and arrow with **Archery USA** in the Archery Development program. Classes are taught by a certified archery instructor. All equipment is provided. Class size is limited.

ACE GAMES WITH NERF

\$200*

Ages: 11—16

Dates/Time: 10 Thursdays, March 21—May 23, 6:00—7:00 p.m.

Location: Guard Up! Inc, 103 Terrace Hall Avenue, Burlington

Using exciting Nerf blasters, our ACE (Active Character Education) class challenges students physically and mentally in an environment that promotes education through entertainment. The course curriculum covers teamwork, leadership, listening skills, communication exercises, creative problem solving, and more! Equipment lease \$20.00 per session.

FAMILY ACTIVITIES

INTRO TO GEO-CACHE

Fee: \$50(ages 16+) \$15(child with paid adult)

Date: Sunday, April 7

Time: 2:00—4:00 p.m.

Location: Meet at Lincoln Park picnic tables

This course is focused on the up-and-coming activity of Geo-Caching, a modern day treasure hunting experience. You will learn how to get coordinates for a geo trip and learn the skills necessary to use a GPS system. Later on we will use the GPS to find a treasure of our own. This course is designed by **Still River Outfitters** to be enjoyed by individuals, couples and families. Come out and try something new!

FAMILY VACATIONS

Lexington Recreation is pleased to offer our residents the opportunity to explore on the **Wild West and Yellowstone National Park** in August (August 2—9, 2013), or travel to five of the **National Parks of America** in September (September 1—12, 2013) as a part of our new partnership with **Collette Family Vacations**.

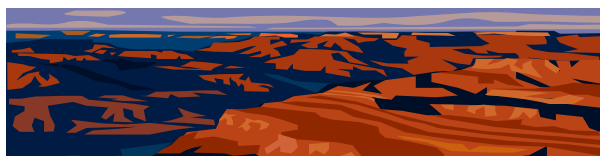
During the **Wild West and Yellowstone Family**

Adventure (August 3—9, 2013) you and your family will set off on a Wild West adventure to explore some of America's most amazing treasures: the national parks of Utah, Wyoming and Idaho. You will visit the Oregon Trail Museum, and head out to the cowboy town of Jackson, Wyoming, the "Crown Jewel" of the northern Rockies where you and your family will stay for the next four nights. Daily excursions from Jackson include Grand Teton National Park, Jenny Lake, and the first and oldest national park in the world—Yellowstone— where you can see buffalo grazing, the Old Faithful geyser and thousands of square miles of pristine park land. You will discover what it was like to travel the Oregon Trail during a visit to Fort Hall in Pocatello, Idaho. The vacation will be capped off with dinner at a local restaurant, complete with country-western dancing for all go to:

<http://www.collettevacations.com/link/519140>



As a participant in the **National Parks of America** excursion (September 1—12, 2013) tour five of America's most splendid national parks. Your tour begins in Scottsdale, Arizona where you will enjoy a good, old-fashioned Chili Cook Off. Then it's on to Sedona and Lake Powell, the Glen Canyon Dam, and a trip through Marble Canyon before arriving at the spectacular Grand Canyon, one of the Seven Wonders of the World! From the Grand Canyon you head to the Bryce Canyon National Park and the red and white sandstone cliffs of Zion National Park. A drive north takes you to Salt Lake City. It's then on to Jackson Hole, Wyoming, the Grand Tetons and Yellowstone for an amazing overnight stay in the park. Following a trip over Sylvan Pass, through Cody and the Bighorn Mountains and on to Mount Rushmore and the Crazy Horse Monument. For more information go to: <http://www.collettevacations.com/link/519139>



SPRING ADULT PROGRAMS

BODY CORE: A Total Fitness Class

\$84

Dates: Monday & Thursday, April 8—May 23
(no class 4/15, 4/18)

Time: 6:00—7:30 p.m.

Location: Hastings School Gym

Body Core is a total body workout class that includes low impact-high intensity cardio routines, body-sculpting, core strengthening exercises using the Pilates method, and Yoga stretching. You will learn to strengthen and sculpt lean muscle, increase flexibility, and improve your posture. **Ellen Gaies** will show you how to get dancer fit and achieve a stronger body. Please bring a rollup mat, aerobics style shoes, and hand weights. Optional: bring a large or small fitness ball and handled stretch band.

WOMEN'S FITNESS BOOT CAMP

**\$200/2 days/week
\$125/1 day/week**

Dates: Tuesday & Thursday, April 2—June 20

Time: 6:00—7:00 a.m. **Rain or Shine**

Location: Lincoln Park Field # 2

This popular 12-week fitness program designed specifically for women will incorporate upper and lower body weight exercise as well as cardiovascular activities. Band work and many body weight exercises will be included.

Paul McManus returns to lead this program. All levels of ability are welcome with a doctor's certificate. Women should bring a jump rope, thin exercise mat and two 5—10 lb. hand weights.

BALLROOM DANCE CLASSES

\$100/resident couple

\$110/non-resident couple

Dates: 8 Tuesdays, April 23—June 11

Location: Harrington School Gym

• Beginner Ballroom 6:30—7:30 p.m.

Join **Francis Floyd** to learn the basics of Fox Trot, Cha Cha and Rumba in this class. This is a great class for upcoming proms and weddings!

• Level II & Advanced Ballroom 7:30—8:30 p.m.

Intermediate dancers will improve upon those steps learned in the beginner class, and be introduced to the Tango and Rumba. More advanced dancers will sharpen their dancing skills, and learn new dances.

R.A.D. WOMEN'S SELF DEFENSE

\$50

Ages: Women only 17+

Dates: Mondays, April 22, 29, May 6 and 13

Time: 6:00—9:00 p.m.

Location: Clarke Middle School Gym

The Lexington Police Department and the Lexington Recreation Department are proud to be collaborating on this very important Women's Self Defense Program. Over the course of the 4-week program, taught by **Lexington Police Officer Charles Crayton**, students will be involved in a discussion of risk reduction strategies, date rape, continuum of survival, defensive strategies and the basic principles of defense. Participants will then begin the process of hands-on training. The program will culminate with students participating in "simulated assault" scenarios at full contact with RAD instructors. Women have the opportunity to utilize their skills in a safe training environment monitored by instructors. Participants should wear loose fitting, comfortable clothing and bring a water bottle to class. Enrollment limited. Women who have participated in a prior RAD class through Lexington Recreation may register at no charge.

EVENING YOGA

\$120

Dates: Tuesdays, April 2—June 11 (no 4/16)

Time: 7:30 – 8:30 p.m. (all levels)

Dates: Thursdays, April 4— June 13 (no 4/18)

Time: 7:00 –8:00 p.m. (all levels)

Location: Cary Hall Building—Bird Room

Join certified instructor **Keith Herndon** in this physically balancing workout of Yoga. Yoga is famous for harmonizing mind and body through stretching, breathing, deep relaxation, range of movement, and a calm inner focus. Participants should bring a yoga mat.

ZUMBA (Dance & Exercise)

\$99

Join the party with the hottest craze on the exercise circuit in this Latin inspired dance/fitness class. This energizing cardio/toning class uses a variety of Latin, international and Pop rhythms and is so much fun that the hour is up leaving you wishing for more! The steps are very easy to follow and no prior experience is needed. All fitness levels are welcome - modifications will be given. Make up classes are available with the permission of the instructor. **Jan Swartz** is licensed in Zumba, Zumba II, Zumba Gold, Zumba Toning, Aqua Zumba and Zumbatronics. She is AFAA group fitness and CPR certified.

Dates: 8 Wednesdays, April 10 —June 5 (no 4/17)

Time: 6:45—7:40 p.m.

Location: Hastings School Gym

Dates: 8 Fridays, April 12—June 7 (no 4/19)

Time: 9:00—9:55 a.m.

Location: First Parish Church

ABS (Abs Blast and Stretch)

\$42

This 25 minute class is designed to target and enhance abdominal definition, core stability and back strengthening during the ABS portion (Abdominal and back Strengthening), and is followed by slow stretching of the major muscle groups to improve flexibility, relieve stress and prevent injuries. Take it alone or as a great complement to the ZUMBA and ZUMBA Gold programs. The class is appropriate for all ages and fitness levels. You will need a mat or a large towel for lying on the floor. **Jan Swartz** is Group Fitness certified and licensed to teach Zumba, Zumba Gold, Zumba Toning, Aqua Zumba & Zumbatronics.

Dates: 6 Wednesdays, April 24—May 29

Time: 7:45—8:10 p.m.

Location: Hastings School Gym

Dates: 6 Fridays, April 26—May 31

Time: 10:00—10:25 a.m.

Location: First Parish Church

INTRO TO STAND-UP-PADDLEBOARD

\$70

Ages: 15+

Dates: Wednesday, May 22

Time: 5:30—7:30 p.m.

Location: Old Reservoir

Stand-up Paddleboarding is just rocketing in popularity. Many describe the feeling as walking on water. The best way to describe it is to imagine using a long canoe paddle to paddle a surf board. Of course the best way to really understand it is to take a class. You can creep along the side of a pond with a great look at the fish below or use it as a core workout. Like everything **Still River Outfitters** offers, this is super fun! Give it a try!

PRE REGISTRATION IS REQUIRED FOR ALL

RECREATION PROGRAMS.



AMERICAN RED CROSS CLASSES

CPR FOR THE PROFESSIONAL RESCUER RECERTIFICATION

\$100

Date: I. Tuesday, May 14
Location: Town Hall Parker Room
Date: II. Thursday, May 16
Location: Town Office Building Parker Room
Time: 6:00—10:00 p.m.



Participants **MUST** bring their book, pocket mask and current Red Cross certification card with them to class. Register early. Maximum 12 per class.

FIRST AID/CPR/AED FOR THE WORKPLACE \$125

Date: Tuesday, May 21 and Thursday, May 23
Time: 6:30—10:00 p.m.
Location: Town Office Building Parker Room



The purpose of this course is to train individuals in the skills necessary to recognize and provide basic care for victims of illness and sudden injuries, and to provide basic care for life threatening or cardiac emergencies in adults and children. Register early. Maximum 12 per class.

CPR/AED RECERTIFICATION

\$80

Date: I: Tuesday, May 7
Location: Town Hall Parker Room
Date: II: Tuesday, May 21
Location: Town Office Building Parker Room
Time: 6:30—10:00 p.m.



Participants must **bring their book and current CPR Certification Card** with them. Register early. Maximum 12 per class.

FIRST AID BASICS

\$80

Date: Thursday, May 9
Location: Town Office Building Parker Room
Time: 6:30—10:00 p.m.



The purpose of this course is to train individuals in the skills necessary to recognize and provide basic care for victims of illness and sudden injuries until advanced medical personnel arrives. Register early. Maximum 12 per class.

The 3rd annual **“REVOLUTIONARY REVELRY”** festival in May celebrates Lexington’s 300 years of history, arts, culture, recreation, fine shopping and dining. Thirty-one days of activities: There is something for everyone!

DANCE ~ SING ~ EAT ~ SHOP ~ BIKE ~ WALK ~ LEARN ~ PLAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			May Day 4 - 7pm - Colonial Community Sing 7 - 8 pm	Story Hour 2 pm	Citizens World Fair 4:30 - 8:30 pm - Fife & Drum Tattoo 7pm	Fife & Drum Parade & Muster 12 - 4 pm - Tap Into History 1 pm
Bike Walk 'n Bus Week - Bicycle Tours 10 am - 2 pm	Bike Walk 'n Bus Week - Lexington Restaurant Day Lunch & Dinner	Bike Walk 'n Bus Week - Lex Tee it Up 11 am - 2 pm	Bike Walk 'n Bus Week - Colonial Community Sing 7 - 8 pm	Bike Walk 'n Bus Week - Amazing Revolutionary Race	Bike Walk 'n Bus Week -	Bike Walk 'n Bus Week - La Musique en Fete 10 am - 4 pm - Artists En Pleine Aire 10 am - 2 pm
Mother's Day Brunch 10 am - 2 pm - Kite Festival 1 - 5 pm			Lexington Garden Club Plant Sale 8 am - 12 pm - Colonial Community Sing 7 - 8 pm	Lexington Shopping Day 10 am - 9 pm	Lexington Pops Chorus 7:30 pm - Jump Rhythm Jazz Project 8 pm	Jump To It! 10am ~ Battle-Green BBQ ~ Lexington Pops Chorus 7:30 pm
Battle Green BBQ - LACS Weavers Show & Demonstration		Farmers Market Opening Day 2 pm - 6:30 pm	Colonial Community Sing 7 - 8 pm	DPW Truck Day		Discovery Day 10 am - 3 pm - After Hours Concert 3:30 - 5:30 pm
Old Time Baseball 11:30 - 4 pm	Memorial Day Parade - 300th Closing Ceremonies & Time Capsule		Colonial Community Sing 7 - 8 pm	Story Hour 2 pm	Food Festival 5 pm - 9 pm	

2/6/2013

TENNIS IN LEXINGTON

THE WHERE AND WHEN OF MAKING A TENNIS RESERVATION

All tennis reservations must be made in person. Telephone calls are not accepted.

April 1—May 10

Tennis Reservations at the Recreation Department ONLY.

Monday—Friday

8:30 a.m.—4:00 p.m.

Weekdays, May 13—August 9

- May 13th-May 31st
- June 3rd-June 21st
- June 24th-July 5th
- July 8th-August 9th

Tennis Reservations at the Tennis Booth ONLY.

Monday—Friday

4:30 p.m.—7:30 p.m.

Monday—Friday

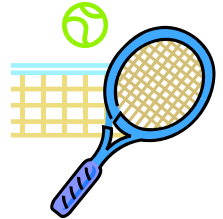
3:00 p.m.—7:30 p.m.

Monday—Friday

1:00 p.m.—7:30 p.m.

Monday—Friday

4:30 p.m.—7:30 p.m.



Weekends, May 11—August 11

Tennis Reservations at the Tennis Booth ONLY.

Saturday & Sunday

10:00 a.m.—2:00 p.m.

August 12—October 31

Tennis Reservations at the Recreation Department ONLY.

Monday—Friday

8:30 a.m.—4:00 p.m.

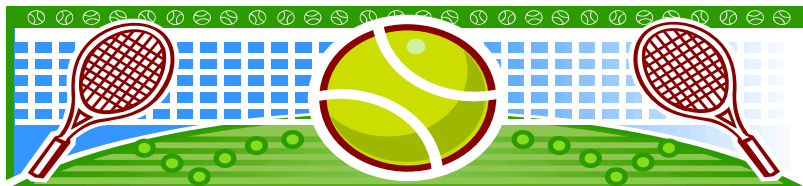
- The **Tennis Booth** is located at the Center Recreation Complex/Town Pool Bath House on Worthen Road. Tennis reservations may be made up to one week in advance at the tennis booth.
- A person may make only one reservation (one hour/one court) for any given day.
- Reservations must be made at least one hour before the requested court time.
- Unlighted courts are available for reservations seven days per week, 7:00 a.m.— 8:00 p.m.
- There are four lighted courts at the Center Complex Gallagher Tennis Courts available for night play **with a paid reservation** until 9:00 p.m.

TENNIS COURT RESERVATION FEES

\$ 50.00	Lexington Resident Tennis ID Cards
\$ 35.00	Lexington Resident Senior Adult Tennis ID Cards (age 62+)
\$100.00	Non-Resident Tennis ID Cards
FREE	Daily Non Lighted Court Reservation per hour with ID Card
\$ 10.00	Daily Non-Lighted Court Reservation per hour without ID Card
\$ 10.00	Lighted Court Reservation with ID Card
\$ 20.00	Lighted Court Reservation without ID Card

COURT LOCATIONS

- Gallagher Tennis Courts at the Center Recreation Complex—10 courts (4 lighted)
- Clarke Middle School—3 courts
- Adams Playground (Massachusetts Avenue, behind the Waldorf School) - 2 courts
- Valley Road (off Bedford Street across from Mobil gas station) - 2 courts



SPRING ADULT AND YOUTH TENNIS LESSONS

60+ BEGINNER TENNIS LESSONS

\$60

Dates: Thursdays, May 16—June 20
Time: 10:00—11:00 a.m.
Location: Gallagher Tennis Courts 1 & 2 at the Center Recreation Complex

If you are looking for a fun activity, then look no further. No more procrastination—the time is now! Two seasoned tennis aficionados want to teach you how to play! Don't let your lack of experience hold you back—come join us for fun and exercise! All you need is a pair of sneakers, a water bottle and a desire to have fun. Tennis racket desirable, but not necessary. Class size limited to 8. Register early!



SPRING ADULT TENNIS LESSONS

\$80

The **Adult Tennis Program** is designed to give all players, regardless of ability, the opportunity to learn new skills and/or improve existing ones. The class schedule varies throughout the season to allow greater opportunities for participation. Each session includes 6 lessons. One or two rain dates are built into each session to accommodate same day and time make-up classes. **Lesson participants are NOT permitted to attend lessons on days and times for which they have not registered and paid in order to make up a missed class.**

Saturdays, April 27—June 8 (no 5/25)

- Beginner 9:00 a.m.
- Advanced Beginner 10:00 a.m.
- Intermediate 11:00 a.m.



Tuesdays, May 14—June 18

- Beginner 6:30 p.m.
- Advanced Beginner 7:30 p.m.

Wednesdays, May 15—June 19

- Beginner 6:30 p.m.
- Advanced Beginner 7:30 p.m.

Thursdays, April 25—May 30

- Beginner 6:00 p.m.
- Advanced Beginner 7:00 p.m.
- Intermediate 8:00 p.m.



Beginner Designed for the brand new player or inexperienced recreational player. Introduces serve, volley, forehand, and backhand strokes, court positions, and tennis terms.

Advanced Beginner Reviews beginner strokes with emphasis on stroke execution. Introduces lob, overhead, scoring and rules. Students must know the basic strokes and forehand rallying.

Intermediate For those wishing to perfect their strokes through drills with emphasis on consistency, singles, and doubles strategy and match play.



PRE K & K TENNIS LESSONS

\$55

Ages: 4, 5 & 6
Dates: Tuesdays, April 23—May 21
Times: 3:30—4:00 p.m. **or** 4:15—4:45 p.m.
Location: Valley Tennis Courts

The Recreation Department is pleased to offer this 5 week spring tennis program for children ages 4, 5 & 6. Instructor **Gerry Wambolt** will introduce players to the sport of tennis, work on stroke development and familiarize players with the rules of the game.

CLASS SIZE LIMITED!

AGE 7 & 8 YOUTH TENNIS LESSONS

\$55

Dates: 5 Thursdays, April 25—May 23
Time: 2:30—3:00 p.m.
Location: Valley Tennis Courts

The Recreation Department is pleased to offer this 5 week spring introductory tennis program for children. Instructor **Gerry Wambolt** will introduce beginner players to the sport of tennis, work on stroke development and serves, and familiarize players with the rules of the game.

AGE 9,10 &11 YOUTH TENNIS LESSONS

\$55

Dates: 5 Thursdays, April 25—May 23
Time: 3:15—3:45 p.m.
Location: Valley Tennis Courts

The Recreation Department is pleased to offer this introductory tennis program for children. Instructor **Gerry Wambolt** will introduce beginner players to the sport of tennis, work on stroke development and serves, and familiarize players with the rules of the game.

AGE 12—16 SPRING YOUTH TENNIS LESSONS \$55

Dates: 5 Thursdays, April 25—May 23
Time: 4:00—4:30 p.m.
Location: Valley Tennis Courts

This 5 week introductory tennis program, instructed by **Gerry Wambolt** is designed to introduce beginner players to the sport of tennis, work on stroke development and serves, and familiarize players with the rules of the game.



The registration deadline for summer programs is 4:00 p.m. on the Thursday prior to the start of the program.

Registration **WILL NOT BE ACCEPTED** at the program.

Pre-registration is required for **ALL PROGRAMS**.

Save time by registering online:

www.lexingtonma.gov/recreationdepartment.cfm

Save money by registering before May 1, 2013 for summer programs.

SUMMER ADULT AND YOUTH TENNIS LESSONS

The Lexington Recreation Department **Adult Tennis Program** is designed to give all players, regardless of ability, the opportunity to learn new skills and/or improve existing ones. The class schedule varies throughout the season to allow greater opportunities for participation. Each session includes 6 lessons. One or two rain dates are built into each session to accommodate same day and time make-up classes.

Class size is limited to a maximum of 8 per class, so advanced registration is required by mail, phone, online, or at the Recreation office. Registration is on a first come, first serve basis. Non-residents may register as of March 11th.

CLASSES ARE HELD AT THE GALLAGHER TENNIS COURTS 1 & 2

Participants are NOT allowed to attend lessons on days & times for which they have not registered and paid in order to make up a missed class.

Saturday—A.M. : 9:00—B, 10:00—AB; 11:00—I

- Summer Lessons: June 29—August 3
- Fall Lessons: August 24—October 5 (no 9/14)

Tuesday—P.M. : 6:30—AB; 7:30—B

- Summer Lessons: July 9—August 13

Wednesday—P.M. : 6:30—AB; 7:30—I

- Summer Lessons: July 10—August 14

Thursday—P.M. : 6:00—B, 7:00—AB, 8:00—I

- Summer Lessons: June 20—August 1 (no 7/4)
- Fall Lessons: August 22—October 3 (no 9/5)

B = Beginner Designed for the brand new player or inexperienced recreational player. Introduces serve, volley, forehand, and backhand strokes, court positions, and tennis terms.

AB = Advanced Beginner Reviews beginner strokes with emphasis on stroke execution. Introduces lob, overhead, scoring and rules. Students must know the basic strokes and forehand rallying.

I = Intermediate For those wishing to perfect their strokes through drills with emphasis on consistency, singles, and doubles strategy and match play.

Adult Lesson Fees

Resident Registration received before May 1st:	\$80
Resident Registration received after May 1st:	\$90
Non-Resident Registration March 11—May 1st:	\$90
Non-Resident Registration received after May 1st:	\$100

YOUTH SUMMER ADAPTIVE TENNIS LESSONS \$55/week

Ages:	6—16
Dates:	7—one week sessions (Monday—Thursday) June 24, July 1 (Monday, Tuesday, Thursday & Friday) July 8, July 15, July 22, July 29, and August 5
Time:	4:00—4:50 p.m.
Location:	Gallagher Tennis Courts at the Center Recreation Complex

Using guidelines and resources developed by the USTA, the Lexington Recreation Department is pleased to offer a series of adaptive tennis lessons for children and teens with disabilities or differing abilities and challenges, ages 6—16. The adaptive tennis lessons are designed to promote the benefits of tennis to all, improve balance, mobility, agility, strength, fitness, self-confidence, and provide social interaction using Quick Start methods, courts and equipment.

The Recreation Department **Youth Tennis** staff is looking forward to another fun and exciting summer. Instructors will teach children using the **USTA Quick Start Tennis Program** an exciting lesson and play format for learning tennis, designed to bring kids into the game by utilizing specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. Lexington Recreation **Quick Start** will divide players into three different levels: ages 5 & 6, ages 7 & 8 and ages 9 & 10. We will continue to offer lessons for children ages 11+, and a class for those age 4. Lessons will run Monday through Thursday at the **Gallagher tennis courts at the Center Recreation Complex**, with Friday reserved for rain make-ups, if needed. New sessions begin each Monday morning. **Registration deadline for each week (space permitting) is 12:00 p.m. on the Thursday prior to the session.** Lessons will have a 1:6 staff to children ratio. Participants must bring a tennis racquet, sunscreen and a water bottle.

YOUTH TENNIS LESSONS

Registration Fees*

		<u>Before 5/1</u>	<u>After</u>
<u>5/1</u>			
Age 4:	11:00—11:30 a.m.	\$30	\$40
Ages 5 & 6:	9:00—9:50 a.m.	\$55	\$65
	10:00—10:50 a.m.	\$55	\$65
Ages 7 & 8:	9:00—9:50 a.m.	\$55	\$65
	10:00—10:50 a.m.	\$55	\$65
Ages 9 & 10:	9:00—9:50 a.m.	\$55	\$65
	10:00—10:50 a.m.	\$55	\$65
Ages 11 +:	11:00 a. m.—12:30 p.m.	\$75	\$85
Session 1: June 24—June 27	Session 2: July 1, 2, 3 & 5		
Session 3: July 8—11	Session 4: July 15—18		
Session 5: July 22—25	Session 6: July 29—August 1		
Session 7: August 5—8	Session 8: August 12—15		

YOUTH TENNIS CLINIC

Monday—Thursday, 2:00—5:00 p.m.

The **Afternoon Tennis Clinic at Gallagher Courts 1—6** is designed for beginner and intermediate players ages 7—13. One and two weeks of drill work will emphasize match and tournament play. Participants will be exposed to different tournament styles and gain experience through daily practice. After an afternoon of tennis, participants have the option to cool off in the town pool at 4:30 or remain at the courts to scrimmage. Both options are supervised by tennis staff. Participants must bring a tennis racquet, snack, water bottle, sunscreen, bathing suit and towel. Everyone must be picked up by 5:00 p.m. in front of courts 3 & 4. The Tennis Clinic will run from 2:00—5:00 p.m., Monday through Thursday, with Friday used as a rain makeup. **Health History/Immunization form required.**

	<u>Before 5/1</u>	<u>After 5/1</u>
Session 1: June 24—June 27	\$100	\$110
Session 2: July 1, 2, 3, & 5	\$100	\$110
Session 3: July 8—18	\$175	\$185
Session 4: July 22—August 1	\$175	\$185

SUMMER PRE SCHOOL AND KINDERGARTEN PROGRAMS

VIKING SUMMER T BALL

\$75*/week

Grades: K & 1 as of September 2013
Dates: Monday—Friday
 August 12—16
Times: 2:00—2:45 p.m. or 2:45—3:30 p.m.
Location: Center #2 Softball Field

This fun program will teach the basics of catching, throwing, batting, running the bases and fielding for the first half of the class followed by a fun T-ball game during the final twenty minutes. All players need to bring a baseball glove and a water bottle. Parents are encouraged to be present at the program. **Health History/Immunization form required.**

KIDDIE CAT JAM

Ages 3.5—6

\$124*/week

Dates: Monday—Friday, June 17—21
 Monday—Friday, July 8—12
Time: 9:00 a.m.—12:00 p.m.
Location: Center # 2 Softball Field Outfield

Soccer, t-ball, basketball, softee hockey, balloon ball, and kick ball are among the “sports” included in this week-long program. Games and other activities such as theme days are sprinkled in as well. **Health History/Immunization form required.**

CHALLENGER PRESCHOOL SOCCER

\$115*/week

Ages: 3—5
Dates: Monday—Friday, August 5—9
 Monday—Friday, August 12—16
Times: 9:00 a.m.—10:30 a.m. **OR** 10:30 a.m.—12:00 p.m.
Location: Center Recreation Complex Track Field

A friendly low key introduction to the basics of soccer through games, stories, skill-building activities and fun. This new program is run by the popular **Challenger British Soccer Camps**. **Health History/Immunization form required.**

MINUTEMAN MINI MULTI SPORT

\$60* /week

Ages: 4—6
Dates: Monday—Thursday, August 5—8
 Monday—Thursday, August 12—15
Time: 1:00—2:30 p.m.
Location: Center Recreation Complex Playground (Park Drive)

Join us for a week of summer fun and activity. Children will have an afternoon full of movement experiences as they explore different motor skills, including kicking, throwing, and catching as well as cognitive abilities that include teamwork and partnership. The clinic, led by **Vic Cuzuppe**, will provide a multitude of skills development, movement exploration and a beginners understanding of a variety of sport concepts. Bring snack and water. **Health History/Immunization form required.**

TEDDY BEAR PICNIC

Our friendly staff are looking forward to an exciting summer of making new friends, child centered projects and activities and a whole lot of FUN! The program includes singing and movement activities, story and project time, group games and of course swimming and sand play at the **OLD RES.**

Pack a bag with a towel labeled with child's name, as well as a light snack and drink. Children should wear play clothes over their bathing suits. **WE LOVE TO GET MESSY!** All children must be toilet trained. **Health History/Immunization Form required.**

Ages: Teddy Bear I ~ Ages 3 – 4 ½
 Teddy Bear II ~ Ages 4 ½ - 6

Dates: Week 1*: June 24*—28 (“Fairy Tales”)
 Week 2: July 1,2,3 & 5^ (“Stars and Stripes”)
 Week 3: July 8—12 (“The Mighty Jungle”)
 Week 4: July 15—19 (“Treasure Hunters”)
 Week 5: July 22—26 (“Under the Big Top”)
 Week 6: July 29—August 2 (“Super Heroes”)
 Week 7: August 5—9 (“Symphony of the 5 Senses”)

* pending Lexington schools release date in June.

Time: 9:30 a.m. – 12:00 noon
 Monday through Friday
 ^Monday, Tuesday, Thursday, Friday
Location: Picnic area next to the Old Res

Early Registration Fee: \$90 per week
 \$72 for Week 2^
Fee after May 1, 2013: \$100 per week
 \$82 for Week 2^

Back by Popular Demand

TEDDY BEAR PICNIC LUNCH BUNCH

FEE: \$10.00 per day

\$25.00 for the week (3 days)



Teddy Bear campers are invited to spend an extra hour with their counselors enjoying more activities at the beach and a picnic lunch, which you bring. This option will be available on Tuesday, Wednesday and Thursday from 12:00 p.m. to 1:00 p.m. **Register by check at the program.** Registration deadline is Monday at pick-up time. Week 2: Tuesday and Thursday only. \$20.00.

*Indicates Early registration fee. Fees will increase by \$10 after May 1, 2013.

The registration deadline for summer programs (space permitting) is 4:00 p.m. on the Thursday prior to the start of the program. Registration **WILL NOT BE ACCEPTED** at the program on the start date. Pre-registration is required for ALL programs.

Save time and money by registering online at: www.lexingtonma.gov/recreationdepartment.cfm before May 1, 2013 for summer programs. Fees for all summer programs increase as of May 1st!

SUMMER YOUTH CAMPS AND CLINICS



DISCOVER THE FUN DAY CAMP

Discover the Fun is a theme based day camp program open to children **entering Grades 1 – 5** as of September 2013. Discover the Fun will run **Monday through**

Friday, 9:00 a.m. to 3:00 p.m. June 24th through August 9th at the Lexington High School. In addition to the facilities at LHS, campers will use the town pool, Gallagher tennis courts, Lincoln Park and the play facilities at the Center Recreation Complex. Each week the campers will participate in a wide variety of theme related games, sports, tennis, swimming and nature activities, and create wonderful crafts projects. Discover the Fun offers weekly special events such as DJ Mike, Safe Routes to School, Historical Scavenger Hunt through Lexington center, Tie Dye, Wacky Wednesday and more!!!!

All staff are CPR and first aid certified, and have had a successful CORI and SORI background check.

Please contact the Recreation Department to obtain the camp specific application forms. **Health History/Immunization form required.**

		Before 6/1/13	After 6/1/13
<u>Week One*</u>	June 24*—28 "Under the Sea"	\$200*	\$225*

It's better down where it's wetter! Discover the ocean with us.

* pending school release date.

<u>Week Two*</u>	July 1, 2, 3 & 5 "Outer Space"	\$160	\$185
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Blast Off! Join us as we build a rocket ship and explore the solar system. *Monday, Tuesday, Thursday, Friday

<u>Week Three</u>	July 8—12 "Wild, Wild West"	\$200	\$225
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Saddle up and join us for some western expansion!

<u>Week Four</u>	July 15—19 "Superheroes!"	\$200	\$225
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Campers will design their own superhero and get ready to save the world.

<u>Week Five</u>	July 22—26 "Fantastical Fables"	\$200	\$225
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Join us for a week full of fairytale magic and creatures!

<u>Week Six</u>	July 29—August 2 "Around the World"	\$200	\$225
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Join us on an intercontinental journey as we explore a different country each day!

<u>Week Seven</u>	August 5—9 "The Best of the Best"	\$200	\$225
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Campers and staff will lead activities they like the best as we wrap up another fun summer!

The fees listed include a \$25.00 per week non-refundable registration fee. Non-residents are welcome. There is an additional \$10.00 non-resident fee per week.

SUMMER CHESS CLASS

\$100*

Ages:	6 – 13
Dates:	Beginner: Tuesdays July 9—August 13 Intermediate and Advanced: Wednesdays July 10—August 14
Time:	6:00—7:00 p.m.
Location:	Town Office Building Parker Room

These courses will teach fundamentals and combine instruction, play, group work, chess problems and games. Come learn and improve skills with instruction by U.S. Chess Federation expert, **Jim Della Selva**.

TACTICS WITH NERF CLASS

\$200*

Ages:	11—16
Dates/Time:	10 Tuesdays, May 28—July 30, 6:00—7:00 p.m.
Location:	Guard Up! Inc, 103 Terrace Hall Avenue, Burlington

Blaster tactics takes games to a new, high intensity level. In this tactics class, students will learn to manipulate a Nerf blaster for improved performance during games. Speed and accuracy will be drilled so that students can play at a more proficient level. Teamwork will also be paramount in order for kids to learn advanced tactics. This class will help increase your ability to think on your feet, react to changing circumstances, and communicate effectively as a team. Equipment lease \$20.00 per session.

ACE GAMES WITH NERF

\$200*

Ages:	11—16
Dates/Time:	10 Thursdays, May 30—August 8 (no 7/4) 6:00—7:00 p.m.
Location:	Guard Up! Inc, 103 Terrace Hall Avenue, Burlington

Using exciting Nerf blasters, our ACE (Active Character Education) class challenges students physically and mentally in an environment that promotes education through entertainment. The course curriculum covers teamwork, leadership, listening skills, communication exercises, creative problem solving, and more! Equipment lease \$20.00 per session.

CHALLENGER BRITISH MULTI SPORT

\$155* (half) / \$215* (full)

Ages:	6—12 (half day) 11—14 (full day)
Dates:	Monday—Friday, July 15—19
Times:	9:00 a.m.—12:00 p.m. (half) 9:00 a.m.—4:00 p.m. (full)
Location:	Center Track Field

Challenger's team of British coaches will provide your boys and girls, with a memorable week of nonstop action, fun and competition - all with a British twist! Children will learn new British sports and develop new skills with team-building activities that include Tag Rugby, Cricket, Rounders, Net Ball, Team Handball and more. They will also learn about respect, responsibility, integrity, sportsmanship and leadership, while playing hard, having fun and making new friends. Full day players should bring lunch. **No swimming. Health History/Immunization form required.**

ADVENTURE KIDS

\$160*

Ages:	8—14
Dates:	Monday, Tuesday, Wednesday, July 15, 16 & 17
Time:	2:00—5:00 p.m.
Location:	Old Reservoir

This program offered by **Still River Outfitters** runs for 9 hours over 3 days. It combines recreational kayaking skill development with Adventure Education initiatives for a truly unique experience. Participants will learn to overcome challenges individually through paddling and as a team throughout fun challenge games. Staff members are ACA Certified instructors and Trained Adventure Facilitators. **Health History/Immunization form required.**

SUMMER YOUTH CAMPS AND CLINICS

ELITE SOCCER CAMP

\$155* half day /\$260* full day

Ages: 7—12
Dates: Monday—Friday, July 22—26
Times: 9:00 a.m.—12:00 noon **or** 9:00 a.m.—3:00 p.m.
Location: Diamond Middle School Field

A coed program, run by **Tim Wheaton** former Head Coach at Harvard University and 1999 National Coach of the Year, designed to provide a supportive environment where players can develop their individual skills and understanding of tactics of the game. Groups are divided by age and ability. Players should wear shin guards, cleats or sneakers, bring a water bottle, snack, lunch, soccer ball and water-proof sun-screen. Indoor space available during inclement weather. **No Swimming. Health History/Immunization form required.**

ADVANCED ELITE SOCCER CAMP \$155*half day / \$260* full day

Ages: 13—18
Dates: Monday—Friday, July 22—26
Times: 9:00 a.m.—12:00 noon. **or** 9:00 a.m.—3:00 p.m.
Location: Diamond Middle School Field

Directed by **Tim Wheaton**, this program is designed for the serious, dedicated player with the desire to improve and progress to the next level. The curriculum will emphasize technique, small-sided play and games similar to a college pre-season program. Players should wear shin guards, soccer cleats or sneakers and bring a soccer ball, water, snack and lunch, and water-proof sun screen. Indoor space available during inclement weather. **No Swimming. Health History/Immunization form required.**

CHALLENGER BRITISH SOCCER \$155* (half) / \$215* (full)

Ages: 6—9 (half day); 10—15 (full day)
Dates: **Session 1:** Monday—Friday, August 5—9
Session 2: Monday—Friday, August 12—16
Times: Half day: 9:00 a.m.—12:00 p.m.
Full day: 9:00 a.m.—4:00 p.m.
Location: Center Track Field

This **British Soccer** Camp is more than just a week of skills and drills. In addition to taking part in a daily regimen of foot skill development, technical and tactical practices and daily tournament style play, each child will also be treated to a rich cultural experience and lessons on teamwork, sportsmanship and self-discipline. All participants should bring a water bottle, sunscreen, shin guards, soccer ball and snack. Full day players should bring lunch. **No swimming. Health History/Immunization form required.**

ARCHERY CLINIC

\$110/week*

Ages: 9—14
Dates: Monday—Friday, July 15—19 **OR**
Monday—Friday, August 5—9
Times: 9:00—10:45 a.m. or 11:00 a.m.—12:45 p.m.
Location: Muzzey Field (Massachusetts Avenue)

Learn to shoot a bow and arrow through this **Archery USA** junior development program taught by certified instructors. Students progress at their own pace. **No Swimming. Health History/Immunization form required.**



BLUE SOX BASEBALL CLINIC

\$150*

Ages: 8—14
Dates: 6 one-week sessions Monday—Thursday (Friday rain date)
July 8, July 15, July 22, July 29, August 5, August 12
Time: 9:00 a.m.—1:00 p.m.
Location: Center # 1 Baseball Field

Improve your play with instruction and coaching by **BLUE SOX** players and coaches. Participants will learn about base running, bunting, stretching, defense and hitting. Participants are grouped according to age, grade and ability. Players should bring a water bottle and snack each day. **No swimming. Health History/Immunization form required.**

THUNDERCAT SPORTS JAM \$124* (half) \$174* (full)

Ages: 7—10
Dates: Monday—Friday, July 22—26
Times: 9:00 a.m.—12:00 noon (half day)
9:00 a.m.—3:00 p.m. (full day)
Location: Outfield of Center #2 Softball Field

Play, play and play some more...the ultimate multi-sport program! Baseball, basketball and soccer will be the core sports in which some skills will be emphasized. But that is not all! Participants should bring water and snack each day. **No swimming. Health History/Immunization form required.**

THUNDERCAT FLAG FOOTBALL \$124* (half) \$174* (full)

Ages: 7—12
Dates: Monday—Friday, July 29—August 2
Monday – Friday, August 19—23
Times: 9:00 a.m.—12:00 noon (half day)
9:00 a.m.—3:00 p.m. (full day)
Location: Clarke Middle School Soccer Field

Throw it, catch it, punt it...pigskins beware! Participants will learn fundamental skills from coaches through unique drills, games, and teaching techniques. Skills taught include passing, catching, running, offensive / defensive strategies, and more. Theme days, trivia, and a Super Bowl tournament at the end of the program add to the excitement! **The program is coed**, and every participant receives a Thundercat football, t-shirt, and certificate of achievement. **No Swimming. Health History/Immunization form required.**

BUDA SUMMER ULTIMATE FRISBEE CLINICS

\$90*

Dates: Monday and Wednesday, July 1—29
Time: 5:00—7:00 p.m.
Ages/Location: 10—12 (entering grades 5 & 6)
Adams Playground (Mass Ave. behind Waldorf School)
Ages/Location: 11—14 (entering grades 7—9)
Clarke Middle School Soccer field

BUDA and Lexington Recreation are once again teaming up to provide a great introduction to Ultimate Frisbee. This fun, fast-paced sport is very popular at colleges and high schools (including LHS), as well as in adult recreation leagues. It's quickly becoming popular at the middle school level also. The program is designed to teach kids all the skills they need in order to play and have fun. Participants should wear cleats and bring a water bottle.



The registration deadline for summer programs (space permitting) is 4:00 p.m. on the Thursday prior to the start of the program. Registration **WILL NOT BE ACCEPTED** at the program on the start date. Pre-registration is required for ALL programs.

MINUTEMAN SPORTS CLINIC

BOYS HOOP I

\$90*

Ages: 8—13
Dates: Monday—Thursday, July 8—11
Time: 8:30 a.m.—12:00 noon
Location: Center Basketball Courts

Emphasis will be on the improvement of individual and team skills. **Bob Farias** will lead drills, demonstrations, games and contests are included. *Rain date Friday.*

FIELD HOCKEY

\$90*

Ages: 8—14
Dates: Monday—Thursday, July 22—25
Time: 8:30 a.m.—12:00 noon
Location: Lincoln Field #3

Join **Barbara Locke**, Woburn H.S. Varsity Field Hockey coach and former U.S. Field Hockey Team member, to learn the basics of field hockey and improve skills. Participants should bring a water, stick, goggles and mouth guard. *Rain date Friday.*

FOOTBALL

\$90*

Ages: 9—13
Dates: Monday—Thursday, July 8—11
Time: 8:30 a.m.—12:00 noon
Location: Center Track Field (playground end)

Learn the fundamentals of the game from LHS coach and teacher, **Steve Solly**. Players will learn about fitness, preparation and game situations and participate in fun contests such as punt, pass and kick. This clinic is non-contact. No equipment is necessary. *Rain date Friday.*

GIRLS HOOP I

\$140*

Ages: 7—13
Dates: Monday—Thursday, July 15—18
Time: 9:00 a.m.—3:00 p.m.
Location: LHS Gym

The emphasis of this program, directed by LHS Girls Varsity Coach, **Steve Solly**, will be to reinforce basic skills and promote new skills, with drills, contests and game play. Participants should bring snack, lunch, bathing suit and towel. From 1:00—3:00 p.m. the girls will be swimming at the town pool. Afternoon pick up will be at the town pool.

COED VOLLEYBALL

\$90*

Ages: 8—14
Dates: Monday—Thursday, July 29—August 1
Time: 8:30 a.m.—12:00 noon
Location: LHS Gym

Under the direction of **Barbara Locke**, Woburn coach and teacher, participants will be introduced to the basics of serving, hitting, spiking and setting. Fun games and activities will be used to engage the enthusiasm of both the novice and more experienced player.

MULTI SPORT CLINIC

\$90*

Ages: 6—12
Dates: Monday—Thursday, Aug. 5—8
Monday—Thursday, August 12—15
Time: 8:30 a.m.—12 noon
Location: Center # 2 Softball Field

This coed Minuteman Clinic, led by **Vic Cuzzupe**, aspires to use sports participation and learning as a means to improve self confidence, enhance the love and enjoyment of sports through skills development and to reinforce the importance of fairness, cooperation and team play during daily games. *Rain date Friday.*

GIRLS HOOP II

\$90*

Ages: 8—13
Dates: Monday—Thursday, July 22—25
Time: 8:30 a.m.—12:00 noon
Location: Center Basketball Courts

Join LHS teacher and Girls Varsity Basketball coach **Steve Solly** to develop and improve basketball skills and teamwork. Games, drills, demonstrations and fun contests will be used to teach and reinforce skills. *Rain date Friday.*

BOYS HOOP II

\$140*

Ages: 8—13
Dates: Monday—Thursday, July 22—25
Time: 9:00 a.m.—3:00 p.m.
Location: LHS Gym

Under the direction of **Bob Farias**, the emphasis of this program will be to reinforce basic skills and promote new skills, with drills, contests and game play. Participants should bring snack and lunch, and bathing suit and towel. The boys will have the chance to swim at the Town Pool from 2:00—3:00 p.m. Afternoon pick up will be at the town pool.

GIRLS SOFTBALL

\$90*

Dates: Monday—Thursday, June 24*—27
Ages: 7—11
Time: 8:30 a.m.—12:00 noon
Ages: 12—15
Time: 1:00—4:30 p.m.
Location: Center # 2 Softball Field

Frank Pagliuca, LHS Varsity Coach, and staff will teach aspiring softball players the mechanics of hitting, pitching, fielding and base running. The clinic is designed to provide an opportunity for players to sharpen their skills. Players must bring a softball glove and water bottle. *Rain date Friday. *start date is pending Lexington release date.*

SUMMER TRACK CLINIC

\$90*/week

Ages: 8—14
Dates: Monday—Thursday, July 29—August 1
Monday—Thursday, August 5—8
Time: 8:30 a.m.—12:00 noon
Location: Center Track

Participants will experience a new approach to Track and Field under the direction and guidance of **Russ Bosbach**, Bridge School P.E. Teacher. The clinic is for any child who would like to participate on a school track team or simply wants to have fun and learn some regular exercise techniques. Daily activities will give the athlete a chance to practice a variety of track events and learn the tenets of proper fitness. *Rain date Friday.*

ROLLERBLADING CLINIC

\$90*/week

Ages: 7—16
Dates: Monday—Thursday, July 8—11
Time: 8:30 a.m.—12:00 noon
Location: LHS Field House

Rollerblading will be a coed clinic run by **Mandy Ciarletta**, Head Girls Varsity Ice Hockey Coach at Lexington High School. This clinic will introduce students to the basic skills of rollerblading and then move towards more advanced skating skills (crossovers, skating backwards, etc). Participants will also participate in rollerblading games that focus on both individual skill and teamwork. The clinic will end with a rollerblading street hockey tournament.

Unless noted, participants should bring a bathing suit and towel to the Minuteman Clinics for the daily swim option.



We Can Take You There!
(781) 861-1210

**Indicates Early registration fee. Fees increase by \$10 after May 1, 2013. HEALTH HISTORY FORMS ARE REQUIRED FOR MINUTEMAN CLINICS.*

MINUTEMAN CLINICS

BASEBALL

\$90*/week

Ages: 6—10
Dates: Monday—Thursday, July 8—11
Monday—Thursday, July 29—August 1
Time: 8:30 a.m.—12:00 noon
Location: Lincoln Park Little League Field



All participants will learn new skills to improve their overall game play. **Jason Rajotte**, LHS P.E. teacher, will guide participants through activities such as throwing, hitting, base running and all aspects of fielding. Through fun activities and modified games, participants will learn the skills needed to be successful on the diamond. Children need a baseball glove, water and a snack. **No Swimming. Rain date Friday.**

JUNIOR GOLF PROGRAM

\$150*/week

Ages: 12—18
Dates: Monday—Thursday, July 8—11
Monday—Thursday, July 29—August 1
Time: 1:00—4:00 p.m.
Location: Pine Meadows Golf Club



This program at Pine Meadows led again by **Jason Rajotte**, LHS P.E. teacher encourages teenage golfers to play with friends, while improving their game. Each time on the course will present different challenges from team competitions to scrambles. Instruction will focus on golf etiquette, rules of play and other focal points within the game of golf. Players must have playing experience and provide their own equipment. Fee includes general instruction and greens fees. **No Swimming. Rain date Friday.**

STREET HOCKEY CLINIC

\$90*/week

Ages: 7—16
Dates: Monday—Thursday, June 24—27
Monday—Thursday, July 22—25
Time: 8:30 a.m.—12:00 noon
Location: Lexington High School Field House



Street Hockey will be a coed clinic run by **Mandy Ciarletta**, Head Girls Varsity Ice Hockey Coach at Lexington High School. This program will focus on gradual skill development of the various skills associated with street hockey (stick handling, shooting, passing, etc) and also some game related strategies. The clinic will end with a street hockey mini tournament. **Rain date Friday.**

SKATEBOARD CLINIC—Level 1

\$90*

Ages: 8—12
Dates: Monday—Thursday, July 8—11
Time: 8:30 a.m.—12:00 noon
Location: Lexington Skate Park (Center Recreation Complex)



Learn the fundamentals of skateboarding at the Lexington Skate Park. This clinic, directed by **Kyle George**, will emphasize basic techniques, use of the park, and safety. Beginners welcome. All participants must bring a skateboard and helmet. **Rain date Friday.**

SKATEBOARD CLINIC—Level 2

\$90*

Ages: 8—12
Dates: Monday—Thursday, July 15—18
Time: 8:30 a.m.—12:00 noon
Location: Lexington Skate Park (Center Recreation Complex)

A continuation of the Level 1 clinic, this program, directed by **Kyle George** takes your skateboarding to the next level with instruction on tricks and use of the ramps, ledges, and rails. All participants must bring a skateboard and helmet. **Rain date Friday.**

ULTIMATE GAMES CLINIC

\$90

Ages: 7—12
Dates: Monday—Thursday, August 5—8
Time: 8:30 a.m.—12:00 noon
Location: Lincoln Field # 3

LHS P.E. teacher **Mandy Ciarletta** will guide participants in activities such geared to increase their Ultimate Frisbee knowledge, enjoyment and game play. This clinic will be a nice compliment to the July evening BUDA program. No experience needed. **Rain date Friday.**

BOYS VOLLEYBALL CLINIC

\$90

Ages: 8—14
Dates: Monday—Thursday, July 8—11
Time: 8:00 a.m.—12:00 noon
Location: LHS Gym



Boy's Volleyball is the newest sports team at Lexington High School. Come join the team and Head Coach Jane Bergin for a week of skill instruction and team fundamentals. Our clinic will introduce a variation of skills (setting, passing, hitting, serving) that will be applied to game like activities, appropriate for all age levels. A mini Volleyball Tournament will be held at the end of the week. Please join us for a fun filled week for one of the fastest growing sports in Massachusetts.

GIRLS DEVELOPMENTAL BASKETBALL CLINICS

Ages: 13—18 (entering grades 7—12)
Dates: Monday—Thursday, August 5—8
Location: Lexington High School Gym



This clinic offered by the Lexington Recreation Department in partnership with **Hoop Mountain** is designed for committed girls basketball players entering grades 7—12 who are looking to raise their skills to the next level. Staff from Hoop Mountain and the LHS Girls Basketball team will be coordinating and facilitating this new focused clinic. The clinic philosophy will be based on a progressive and intense skill development approach that **WILL BE** specific to the position played and chosen by each participant (Perimeter Players & Post Players). The girls will also experience some sport-specific tips and exercises that will improve their level of fitness. Fundamentals, footwork, game-situations, and improving basketball IQ will be the foundation for this aspect of the clinic. Another aspect that will be offered will be related to scoring/finishing.

Perimeter Player Development Clinic: \$150 (resident) \$175 (non-resident)

August 5, 6 & 7 9:00 a.m.—12:00 pm

Post Player Development Clinic: \$108 (resident) \$133 (non-resident)

August 8 9:00 a.m.—3:30 p.m.

Shooting/Scoring Clinic: \$150 (resident) \$175 (non-resident)

August 5, 6 & 7 12:30—3:30 p.m.

Combo Perimeter Player & Shooting/Scoring: \$225 (resident) \$250 (non)

August 5, 6 & 7 9:00 a.m.—3:30 p.m.

Combo Post Player & Shooting/Scoring: \$225 (resident) \$250 (non)

August 5, 6 & 7 12:30—3:30 p.m.; August 8 9:00 a.m.—3:30 p.m.

State and local health regulations require that participants submit a current Health History and Immunization record prior to participation in a summer camp and/or clinic sponsored or run by the Recreation Department. We ask for your continued cooperation and assistance in submitting these forms either at the time of registration for one of our summer programs or, if you are registering online, within two weeks of registration. The health history form is located on pages 21 and 22 of the brochure. A copy is also available on the Recreation Department web site: www.lexingtonma.gov/recreationdepartment.cfm



\$350*

Ages: 7—11 (entering grades 2—5)
Dates: Monday—Friday, July 8—12
Time: Full day ONLY 9:00 a.m.—3:30 p.m.
Location: Cary Hall ~ Estabrook Hall



Wicked Cool for Kids is excited to introduce Minecraft Mania—a blend of virtual learning with companion hands-on activities that explore science and engineering using Minecraft. Kids use an interactive avatar to investigate a virtual educational environment. Minecraft Mania lessons have both virtual and real world components covering geology, engineering, physics and biology. Serious Minecraft Maniacs will be excited to learn about the properties of rocks and minerals and take home their own rock collection. Kids use their skills to build skyscrapers and simple machines, as well as plant their own crops and learn about electricity in enjoyable experiential challenges. **Health History/Immunization form required.**

\$135*

Ages: 6—13
Dates: June 24—28
Time: 2:30—4:30 p.m.
Location: Cary Hall ~ Estabrook Hall

Join **Jim Della Selva** for a weeklong chess clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in chess matches and games.

\$160*

Ages: 6—13
Dates & Time: Monday—Friday, July 15—19
1:00—3:00 p.m.
Location: Cary Hall ~ Estabrook Hall

Science teacher, **Bill Richard** will ensure that you have a fun-filled week observing, hypothesizing, and testing your own ideas as we delve into magnetism, sound, design technology, and flight. Hands on projects, use of the scientific method and learning by doing will be emphasized. Chess teacher and player, **Jim Della Selva** will teach your child the fundamentals of chess from beginner to the more advanced aspects of the game. Expand your knowledge base and learn techniques designed to improve all phases of your game. **Health History/Immunization form required.**

\$90*

Ages: 6—13
Dates: Monday—Wednesday, August 19—21
Time: 2:00—4:30 p.m.
Location: Cary Hall ~ Estabrook Hall

Join **Jim Della Selva** for a 3-day chess clinic. This program will provide beginner and intermediate chess players with the opportunity to learn more about the game and practice their skills in chess matches and games. Participants should bring a chessboard and be ready for a fun, challenging three days.

Fee: \$60 for players registering for tournament only.
\$40 for players enrolled in August Clinic
Ages: 6—13
Dates: Thursday & Friday, August 22 & 23
Time: 2:00—4:30 p.m.
Location: Cary Hall ~ Estabrook Hall

This two-day tournament will be based on rules implemented by the U.S. Chess Federation, and will feature 2 rounds of play each day, combined with instruction to assist all players in the strategies of chess. The players will be divided according to grade and skill, and will receive a chess medal for participation. Trophies will be presented to the top 3 winners of each section.

*Indicates Early registration fee. Fees will increase by \$10 after May 1, 2013.

\$225/half day (morning or afternoon session)*

\$350/full day*

Ages: 7—11 (entering grades 2—5)
Dates: Monday—Friday, July 22—26
Times: Half day: 9:00 a.m.—12:00 p.m. or 12:30—3:30 p.m.
Full day: 9:00 a.m.—3:30 p.m.
Location: Cary Hall ~ Estabrook Hall

In this program kids will learn some basic engineering principles that will make their own inventions at home more fun and complex. This full-contact hands-on program teaches basic engineering concepts, problem solving and teamwork—all by playing and building with LEGOS. We will look at gears, levers, pulleys, and wheels and axles, which are the mechanisms that underpin all mechanical equipment in our lives. Who knows if the next Dean Kamen (Segway inventor) is living in your house! *Children attending the full day will have lunch from 12:00 - 12:30 p.m. **Health History / Immunization form required.**

\$225/half day (morning or afternoon session)*

\$350/full day*

Ages: 6—11 (entering grades 1—5)
Dates: Monday—Friday, August 5—9
Times: Half day: 9:00 a.m.—12:00 p.m. or 12:30—3:30 p.m.
Full day: 9:00 a.m.—3:30 p.m.
Location: Cary Hall ~ Estabrook Hall

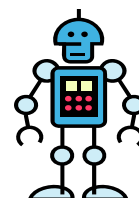
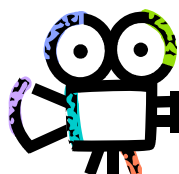
Twenty of our greatest science and engineering lessons wrapped up into one fun and furious week. We've opened up the Wicked Cool Vault to offer kids' all-time favorite experiments, guaranteed to have the WOW factor! Be a cool chemist as we make rainbow slime, grow beasts in a cup and find out how things glow in the dark! Dig deep into earth science when we build a better volcano, create a fantastic water filter and classify some real fossils to take home. Science is really wicked cool when you spend a fun-filled educational week extracting DNA, engineering bridges and using your powers of observation to solve scientific mysteries! *Children attending the full day will have lunch from 12:00 - 12:30 p.m. **Health History / Immunization form required.**

\$350

Ages: 9—15
Dates: Monday—Friday, August 19—23
Time: 9:00 a.m.—12:00 p.m.
Location: Cary Hall ~ Estabrook Hall



Light, cameras, LEGO action! Use LEGO bricks to tell YOUR story complete with music, special effects and your favorite LEGO minifigure characters! In this unique and creative camp, students will plan, script, stage, shoot, and produce their own mini-movie using Stop Motion Animation. Working as a team, students will use LEGO components to build a set and props, and then shoot their movie using a camera. Teams will use movie-making software to add special effects, titles, credits and more. When the movie is complete, participants will impress their friends and family with a screening party on Friday. Don't miss your chance to be a movie producer! **Health History / Immunization form required.**



Other Recreation and Leisure Pursuits

Teresa and Roberta Lee Fitness ~Nature Path

The fitness and nature path is 1.35 plus miles and wanders through delightful natural areas as well as around the playing fields at Lincoln Park. There are fifteen (15) self-directed, accessible exercise stations for fitness and nature enthusiasts of all levels to enjoy. The Teresa and Roberta Lee Fitness ~ Nature Path can be accessed from either the entrance to Lincoln Park or from Worthen Road across from the Center Recreation Complex.

Community Gardens

Registration for garden plots for new gardeners will begin in April. Please call the Conservation office at 781-862-0500 ext. 240 or Dan Kozak, Garden Coordinator at 781-861-9765, for more information.

Fishing

The Old Reservoir on Marrett Road is stocked with fish in the spring. Fishing permits are required for those 14 and older, and are available through the State Department of Fisheries and Wildlife on their website.

Bicycling

Maps of Lexington bike paths are available at the Recreation Department office and the Chamber of Commerce.

Ball Field Permits

A limited number of ball fields are available for residents to use, field conditions permitting. **Permits are required for play on ALL fields.** Permits are issued at the Recreation Department office on a first-come, first-serve basis. Please contact the Recreation Department.

Pine Meadows Golf Club

This public course opens in mid-March, weather permitting. The club is owned by the Town of Lexington and managed by New England Golf Corporation. This par 35 course features elevated tees, tree-lined fairways and rolling greens. **NO METAL SPIKES ALLOWED.** Call the Pro Shop at 781-862-5516 for 2013 fees and tee time schedules. **Golf ID cards** (\$10.00) are available at the Recreation Department Office for Lexington Residents **ONLY**. A Golf ID card entitles the holder to reserve tee times up to 14 days in advance.

OLD TIME BASEBALL GAME

Sunday, May 26, 2013

11:00 a.m.—6:00 p.m.



Join us to commemorate the closing weekend of Lexington's 300th Celebration at an Old-Time Baseball Game!

The game will incorporate several mini games with the Essex Baseball Team playing a team of Lexington's Finest (Team made up of Lexington Police and Fire officers) and a team of Lexington Baseball Manager and Volunteers. The day will conclude with a regulation game of the Championship Lexington Blue Sox.

There will be kid's entertainment, contests, games and music throughout the day.

Old-Time Kids Baseball Clinic: Presented by the Essex Baseball Team in the morning on May 26th. More info on these clinics and how to sign up will be available soon! Minute Kids (Bat Boy and Bat Girl) opportunities will be available by raffle at the Lexington Little League Opening Day!

You will not want to miss this fun and memorable event!

Adult Sports Leagues

The Recreation Department sponsors adult softball and basketball leagues in the spring and summer months.

- The **Adult Co-Ed Softball League** runs weeknights on a variety of softball fields in the community, including Center #2, from May through August. Contact Peter Coleman at the Recreation office, 781-862-0500 ext. 262, for information.

- **Moms on the Mound Softball League** plays on Sunday mornings at Center #2 and #4 fields May 1 through June. Contact Sheila Butts at the Recreation office, 781-862-0500 ext. 262, for league information.

- **Men's Adult Basketball** plays at the Center Basketball Courts on Worthen Road, Monday, Tuesday and Wednesday evenings, June through August. To receive information about registering a team for this league contact Peter Coleman at the Recreation office, 781-862-0500 ext. 262, for information.

ED2GO ~ Online Education Courses

Update your skills, discover a new talent, or chart a career path at your own pace and at your convenience with our online courses. Each course runs for six weeks and is comprised of 12 lessons. All materials are made available to you over the World Wide Web. All you need to get started is Internet access, an email address and a Web browser. All classes begin on Wednesdays. Upcoming classes begin on March 20, April 18, May 15 and June 19, 2013. The registration deadline is the Monday before the class begins. Take a look at the online site: **www.ed2go.com/lexrec** to view courses, content and registration procedures.

Stone Meadow Junior Golf Clinics

\$125/week

Ages/Times: 7—10 8:00 a.m.—9:00 a.m.
11+ 9:00 a.m.—10:00 a.m.

Dates: July 8—11; July 22—25; August 5—8 and
August 19—22 (rain dates are Friday)

Location: Stone Meadow Golf, 675 Waltham St., Lexington

The Town of Lexington Recreation Department and Pine Meadows Golf Club are pleased to provide Junior Golf Clinics for 2013 at Stone Meadow Golf. This is a beginner's clinic for kids to learn the fundamentals of the golf swing and gain insight into the wonderful game of golf. There are two teaching professionals per class. 14 Students maximum per class. If less than 7 register, the class may be cancelled. Classes are held rain or shine under a teaching tent. Registration forms are available at the Recreation Office, Pine Meadows Golf Club (781-862-5516) and Stone Meadows Golf (781-863-0445). The registration form and full payment to *Stone Meadow Golf* must be submitted to Stone Meadow Golf, 675 Waltham Street, Lexington.

LHS Field House—Early Morning Basketball and Jogging

Dates: Mon., Wed. & Fri. Sept. 2012—Aug. 2013

Time: 6:15—7:15 a.m.

Fee before 4/1/12: \$75/residents

\$95/non-residents

Fee after 4/1/12: \$45/residents/ \$65/non-res



Recreation Parks, Playgrounds and Fields



Adams Park

Location: 739 Massachusetts Ave. (behind Waldorf School)

Facilities: Intermediate soccer field, T-ball field, 2 tennis courts, basketball court, play structure, swings.

Baskin Park

Location: Wyman Road

Facilities: basketball court, open space, T-ball area.

Blossom Park

Location: Blossom Street

Facilities: open space.

Bowman Park

Location: 13 Watertown Street/Pleasant Street

Facilities: trails.

Bowman School Fields

Location: 9 Philip Road

Facilities: school playfield, softball field, basketball court, open athletic field, play structure, swings.

Bridge School Fields

Location: 55 Middleby Road

Facilities: school playfield, swings, net climbing structure, play structure, softball field, little league field, open space, trails.

Center Recreation Complex

Location: Worthen Road

Facilities: 1 soccer field, 1 lighted softball field, track, 2 baseball fields (1 lighted), skate park, 2 lighted basketball courts, little league field, 3 tennis practice boards, 10 tennis courts (4 lighted), outdoor pool complex (4 pools), tennis booth, toilet facilities, swings, 2 play structures, football field.

Clarke Middle School Fields

Location: off Brookside Avenue

Facilities: school playfield, regulation soccer field, softball field, baseball field, basketball court, 3 tennis courts, open athletic field, nature trail.

Diamond Middle School Fields

Location: Sedge Road

Facilities: school playfield, softball field, baseball field, soccer fields.

Estabrook School Fields

Location: 117 Grove Street

Facilities: school playfield, 2 basketball hoops, softball/junior baseball field, intermediate soccer field, modular play equipment, swings.

Fiske School Fields

Location: 55 Adams Street

Facilities: school playfield, 2 junior baseball fields, play equipment, swings.

Franklin Park

Location: 5 Stedman Road

Facilities: softball/junior baseball field, intermediate size soccer field, play structure, swings, slide, trails.

Freemont Street

Location: Freemont Street

Facilities: wooded area, trails.

Garfield Park

Location: Garfield Street

Facilities: play structure, little league field, trails, swings.

Harrington School Fields

Location: 328 Lowell Street

Facilities: school playfield, softball field, little league field, soccer field, basketball court, play equipment, swings.

Hastings School Fields

Location: 7 Crosby Road

Facilities: school playfield, play structure, swings, basketball court, softball/junior baseball, intermediate soccer field.

Justin Park

Location: Justin Street

Facilities: play structure, swings, open space, trails.

Kinneens Park

Location: Burlington Street

Facilities: play structure, swings, 1/4 basketball court, T-ball field.

Lexington Old Reservoir

Location: Marrett Road

Facilities: swimming facility, bathhouse, picnic area, trails.

Lincoln Park

Location: Lincoln Street

Facilities: 3 infill synthetic turf athletic fields, softball field, little league field, fitness path, nature trails, portable toilets, picnic area with grills and shelters, 2 play structures, spring riders, swings.

Marvin Park

Location: Winter Street

Facilities: play structure, swings, basketball court, open space, trails.

Munroe Park

Location: 1403 Massachusetts Avenue

Facilities: play structure, swings, sand digger, open field space, T-ball area.

Muzzey Field

Location: next to 1475 Massachusetts Avenue

Facilities: soccer field, open space.

Oxford/Bow Street Park

Location: Bow Street

Facilities: swing set, Minuteman Bikeway.

Parker School Land (Valley)

Location: Valley Road

Facilities: 2 tennis courts, open space.

Pine Meadows Golf Club

Location: 232 Cedar Street

Facilities: 9 hole public golf course, clubhouse.

Poplar Street Park

Location: Poplar Street

Facilities: open space, trails.

Rindge Park

Location: Rindge Avenue

Facilities: play structure, swings, basketball court, open space, T-ball fields.

Sutherland Park

Location: Sutherland Road

Facilities: softball/junior baseball field, basketball court, play structure, swings, trails, open field space.

Tower Park

Location: Massachusetts Avenue

Facilities: open space, walkways, bikeway.

Valleyfield Park

Location: Valleyfield Street

Facilities: open space, trails.

Willards Woods

Location: North Street

Facilities: wooded area, trails, orchard, open fields.



Directions to Recreation parks, playgrounds and fields are available at:

<http://www.lexingtonma.gov/recreation/parksplaygroundsfildstrails.cfm>



SWIMMING IN LEXINGTON

SWIM TAG REGISTRATION—2013

The Recreation Department operates two outdoor swimming facilities during the summer months. The opening date for both facilities is June 1, 2013. The **Old Res**, located on Marrett Road, is a fresh water pond with a sandy beach. Open seven days per week from 10:30 a.m. to 7:00 p.m., it is a favorite place for families and children. The **Irving H. Mabee Town Pool Complex**, located on Worthen Road at the Center Recreation Complex, is also open seven days per week. On weekdays, a variety of programs including American Red Cross swim lessons, adult lap swim, adult aqua aerobics, and Swim Team share pool space, but generally the public swim hours are weekdays 12:45—4:30 p.m. and 7:00—8:45 p.m. ***Swim lesson information and registration procedures and dates will be included in the summer program brochure, published in early May.***

The Recreation Department sells season memberships to the aquatics facilities. The **swim tag** is valid at both the Old Res and Town Pool. Residents may opt to pay a daily fee instead of purchasing a swim tag. **Swim tags will be sold at the Recreation Department Office, 8:30 a.m.—4:00 p.m. Monday through Friday, March 4 — May 31. As of June 1st, all swim tags must be purchased at the Tennis Booth.**

Swim tags can also be purchased at the **Tennis Booth**, which is located next to the pool bath house. The dates and times for the Tennis Booth are as follows:

- | | | |
|-----------------------|-------------------|----------------------|
| • May 11-August 11th | Saturday & Sunday | 10:00 a.m.—2:00 p.m. |
| • May 13th-May 31st | Monday—Friday | 4:30 p.m.—7:30 p.m. |
| • June 3rd-June 21st | Monday—Friday | 3:00 p.m.—7:30 p.m. |
| • June 24th-July 5th | Monday—Friday | 1:00 p.m.—7:30 p.m. |
| • July 8th-August 9th | Monday—Friday | 4:30 p.m.—7:30 p.m. |

Swim tags will also be available for purchase at **Discovery Day in Lexington on Saturday, May 25th.**

Purchase your swim tags early. Do not wait for the first hot day of the summer!

As an incentive, all Lexington residents who purchase their swim tags before the Town Pool and Old Res open for the season on Saturday, June 1st will be entered into a drawing. The Recreation Department will give away one FREE resident individual membership and one FREE resident family membership for the 2014 season, so buy your tags early!!

<u>2013 SWIM TAG FEES:</u>	\$ 50.00	Senior adult (age 62+)
	\$ 60.00	Individual (ages 3—61)
	\$200.00	Resident family (two adults & all children ages 3—18 residing full time in household)
	\$365.00	Non-resident family (available for purchase through March 8th)
	\$125.00	Non-resident adult employed in Lexington
	\$ 25.00	Replacement for lost swim tag

<u>2013 DAILY FEES:</u>	\$5.00 per person	Resident youth, adult, and senior adult and each guest
	\$20.00	Resident family maximum at Town Pool or Old Res
	\$6.00 per person	Non-resident youth, adult, and senior adult at Old Res ONLY
	\$24.00	Non-resident family maximum at Old Res ONLY

NO REFUNDS OR CREDITS ARE GIVEN FOR THE PURCHASE OF SWIM TAGS!

**Lexington Recreation Department
SUMMER 2013 CAMP & CLINIC
EMERGENCY INFORMATION & HEALTH FORM**

PLEASE RETURN PROMPTLY TO:

Lexington Recreation Department
1625 Massachusetts Avenue
Lexington, MA 02420

CHILD'S NAME _____

CHILD'S DATE OF BIRTH _____
Last First Middle Initial

ADDRESS _____ ZIP _____

HOME # _____ CELL # _____ EMAIL: _____

MOTHER (OR GUARDIAN) _____ WK # _____ CELL # _____

FATHER (OR GUARDIAN) _____ WK # _____ CELL # _____

* * * * *

EMERGENCY INFORMATION: If a parent is not available, please notify:

NAME _____ RELATIONSHIP TO CHILD _____

ADDRESS _____ PHONE# _____

BUSINESS PHONE # _____ CELL # _____

FAMILY PHYSICIAN _____ PHONE# _____

DENTIST / ORTHODONTIST _____ PHONE# _____

INSURANCE CARRIER _____ POLICY# _____

* * * * *

HEALTH HISTORY:

Please fill out the information below. You **MUST ALSO** attach a copy of your child's immunizations and physical record to this form.

IMMUNIZATIONS: Please list dates and **attach a copy of the signed Physician/Immunization Report**

Measles/Mumps/Rubella _____

DPT/TOPV _____

Tetanus _____

Tuberculin Test (most recent date & results) _____

Other Immunizations _____

DOES YOUR CHILD HAVE ANY SPECIAL NEEDS THAT THE LEADERS NEED TO BE AWARE OF? IF YES PLEASE EXPLAIN. _____

WHAT SPECIFIC ISSUES RELATING TO PARTICIPANT'S SOCIAL BEHAVIOR AND EDUCATIONAL DEVELOPMENT SHOULD STAFF BE AWARE OF? INCLUDE FOOD ISSUES, FEARS, INTERESTS, ETC. _____

Please fill out both sides of this form

**Attach a copy of the signed physician/immunization report and submit with
registration form.**

HEALTH HISTORY CONTINUED:

DOES THIS CHILD HAVE ANY ALLERGIES? (Please specify)

DOES THIS CHILD HAVE ANY MEDICAL PROBLEMS REQUIRING SPECIAL ATTENTION? (Please specify)

Please check which program or programs you will be attending.

<u>Program</u>	<u>Dates</u>	<u>Locations</u>
<input type="checkbox"/> Blue Sox Baseball _____	July 8—August 15	Center #1 Baseball Field
<input type="checkbox"/> Thundercat Sports Clinics (Kiddie Cat Jam)	June 17—21; July 8—12	Center Recreation Complex
<input type="checkbox"/> Thundercat Sports Jam	July 22—26	Center Recreation Complex
<input type="checkbox"/> Thundercat Sports Flag Football	July 29—August 3; August 19—23	Clarke Middle School Field
<input type="checkbox"/> Challenger British Multi-Sport	July 15—19	Center Track Field
<input type="checkbox"/> Girls Developmental Basketball (Hoop Mountain)	August 5—9	LHS Gym
<input type="checkbox"/> Adventure Kids	July 15, 16 & 17	Old Reservoir
<input type="checkbox"/> Challenger Soccer Clinics	August 5—9 & August 12—16	Center Track Field
<input type="checkbox"/> Chess Clinics	June 24—28 , August 19—23	Cary Hall—Estabrook Hall
<input type="checkbox"/> Chess ~ Science Clinic	July 15—19	Cary Hall—Estabrook Hall
<input type="checkbox"/> Wicked Cool for Kids	July 8—12 , July 22—26 & August 5—9	Cary Hall—Estabrook Hall
<input type="checkbox"/> Brickz4Kids	August 19—23	Cary Hall—Estabrook Hall
<input type="checkbox"/> Elite Soccer Clinic	July 22—26	Diamond Middle School
<input type="checkbox"/> Discover the Fun Camp _____	June 24 – August 9	Lexington High School
<input type="checkbox"/> Archery Clinic	July 15—19 & August 5—9	Muzzey Field
<input type="checkbox"/> Minuteman Sports Clinics _____	June 24 – August 23	Center Recreation Complex
<input type="checkbox"/> Teddy Bear Picnic _____	June 24 – August 9	Old Reservoir Picnic Area
<input type="checkbox"/> Youth Tennis Clinics	June 24 – August 8	Gallagher Tennis Courts

PERMISSION: Parents, please read and sign the Medical Consent and Release of Liability below to complete registration.

I/WE, the parent(s)/guardian(s) of _____, a minor, do hereby consent to his/her participation in the Town of Lexington Recreation Department sponsored programs, pictures to be taken of my/our child for advertisement or promotion of programs and to his/her use of the recreational facilities and equipment of the Town of Lexington. I/We further agree to release and save harmless the Town of Lexington, its officers, employees, agents, and attorneys from any and all liability or expenses arising out of any incident involving, or on account of any injury to the above named minor in connection with such program, hereby give permission to the Town of Lexington Recreation Department staff to provide and administer immediate first aid and authorize a physician at a local hospital to secure proper treatment for my/our child as named above if the need arises.

As the undersigned parent/guardian I understand that no confirmations will be mailed and no refunds will be given after the start of the program. Further, this verifies that the participant is up to date with their immunizations and is able to participate in all activities.

Signature_____ Print Name_____ Date_____

NOTE: This EMERGENCY INFORMATION / HEALTH FORM MUST be returned to the Recreation office a **minimum of 14 days** prior to the start of the program. **Your child will not be allowed to participate in the program unless this form is on file** and reviewed by the Lexington Health Department.

Please return this form and a copy of you child's physical and immunization record to:

Lexington Recreation Department
1625 Massachusetts Avenue
Lexington, MA 02420

PLEASE FILL OUT BOTH SIDES OF THIS FORM.

Lexington Recreation Department

Program Registration Form

Participant Last Name _____ First Name _____

Address _____

Street

City/Town

Zip Code

Home Phone _____ Work Phone _____ Cell # _____

Email Address (please print) _____

Sept. 2013

D.O.B. _____ Age ____ M ____ F ____ Grade ____ School _____ Tee shirt size _____

Emergency Contact Name & Phone _____

Special instructions and/or information that the instructor needs to be aware of (medical concerns, allergies, special needs, etc.): _____

I/We, the parent(s)/guardian(s) of _____ a minor, or I, _____ the participant, hereby consent to participation in the Town of Lexington Recreation Department programs, pictures to be taken for advertisement and/or promotion of programs and use of recreational facilities and equipment of the Town of Lexington. I/We further agree to release and save harmless the Town of Lexington, its officers, employees, agents, and attorneys from any and all liability or expenses arising out of any incident involving, or on account of any injury to the above named minor or adult participant in connection with such program, hereby give permission to the Town of Lexington Recreation Department staff to provide and administer immediate first aid and authorize a physician at a local hospital to secure proper treatment for my/our child as named above if the need arises.

Parent/Guardian or Adult Participant Name _____

Print

Parent/Guardian or Adult Participant _____ Date _____

Signature

Program Title	Day/Session	Time	Fee
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____
_____	_____	_____	\$ _____

I would like to donate to the scholarship fund which allows children to participate in Recreation Programs in the community.

Donation Amount \$ _____

TOTAL PAYMENT INCLUDED (program fees & donation) \$ _____

Type of Payment: ☐ VISA ☐ Master Card ☐ Discover ☐ American Express ☐ Check ☐ Cash

If paying by credit card: Card Account # _____ Exp Date _____

Cardholder Signature _____

Make checks payable to the TOWN OF LEXINGTON and mail registration and payment to:

Lexington Recreation Department

1625 Massachusetts Avenue, Lexington, MA 02420

You may also use the Town Hall drop box in front of Cary Hall.

ECRWSS
RESIDENTIAL CUSTOMER
LEXINGTON, MA

Lexington Recreation ... Fun and Fitness for All

Things to look for in upcoming brochures

Summer 2013

Town Pool and Old Res Swim Schedule
Swim Lesson Schedule and Registration Info.
Adult Summer Classes and Programs
Fall Youth NFL FLAG Football

Fall ~ Winter 2013

Viking Soccer Clinics
In-Town Basketball League
Youth Basketball Clinic
Nashoba Valley Ski and Snowboard Programs
Tennis Lessons
Kayaking Programs

